

Green Heart Ice Swim
Reeuwijk, 1- - 2-2-2020

Programmanr. 5
2-2-2020 - 10:15

500m vrije slag

alg. leeftijdsgroep
Resultaten

Punten: FINA 2020

Rang	Geb.		Tijd		Pnt
alg. leeftijdsgroep, Heren					
1.	HESTERMAN, Fergil		93	TTB	7:09.16
	100m: 1:16.12	1:16.12	300m: 4:12.43	1:28.27	500m: 7:09.16
	200m: 2:44.16	1:28.04	400m: 5:42.80	1:30.37	1:26.36
2.	BRASE, Jonathan		03	TTB	7:17.79
	100m: 1:21.34	1:21.34	300m: 4:20.93	1:29.20	500m: 7:17.79
	200m: 2:51.73	1:30.39	400m: 5:51.77	1:30.84	1:26.02
3.	JANSSEN, Roel		02	TTB	8:16.12
	100m: 1:24.87	1:24.87	300m: 4:46.05	1:45.43	500m: 8:16.12
	200m: 3:00.62	1:35.75	400m: 6:32.22	1:46.17	1:43.90
4.	PRUSSNER, Tobias		80	TTB	8:28.15
	100m: 1:30.17	1:30.17	300m: 5:00.33	1:47.98	500m: 8:28.15
	200m: 3:12.35	1:42.18	400m: 6:46.16	1:45.83	1:41.99
5.	STIENEZEN, Albert		65	TTB	8:44.40
	100m: 1:38.46	1:38.46	300m: 5:10.10	1:46.29	500m: 8:44.40
	200m: 3:23.81	1:45.35	400m: 6:57.19	1:47.09	1:47.21
6.	THIES, Mark		69	TTB	8:49.09
	100m: 1:29.17	1:29.17	300m: 5:08.89	1:53.63	500m: 8:49.09
	200m: 3:15.26	1:46.09	400m: 7:03.20	1:54.31	1:45.89
7.	KIERS, Hans		83	TTB	8:56.72
	100m: 1:26.35	1:26.35	300m: 5:05.72	1:54.52	500m: 8:56.72
	200m: 3:11.20	1:44.85	400m: 7:01.18	1:55.46	1:55.54
8.	SCHILDER, Alexander		91	TTB	8:58.61
	100m: 1:24.31	1:24.31	300m: 5:20.10	1:54.49	500m: 8:58.61
	200m: 3:25.61	2:01.30	400m: 7:11.64	1:51.54	1:46.97
9.	VAN DER MEER, Theo		65	TTB	10:25.70
	100m: 2:07.99	2:07.99	300m: 6:16.88	2:06.34	500m: 10:25.70
	200m: 4:10.54	2:02.55	400m: 8:21.53	2:04.65	2:04.17
10.	ANGENENT, Maarten		72	TTB	11:02.58
	100m: 1:48.54	1:48.54	300m: 6:24.42	2:22.53	500m: 11:02.58
	200m: 4:01.89	2:13.35	400m: 8:43.31	2:18.89	2:19.27
11.	ZUILHOF, Jan Willem		62	TTB	11:11.23
	100m: 1:55.88	1:55.88	300m: 6:30.80	2:19.00	500m: 11:11.23
	200m: 4:11.80	2:15.92	400m: 8:55.38	2:24.58	2:15.85
12.	PAPPOT, Carlo		70	TTB	11:43.85
	100m: 2:05.60	2:05.60	300m: 6:59.10	2:29.50	500m: 11:43.85
	200m: 4:29.60	2:24.00	400m: 9:26.17	2:27.07	2:17.68
13.	BRASE, Rainir		55	TTB	12:58.81
	100m: 2:23.55	2:23.55	300m: 7:37.16	2:35.00	500m: 12:58.81
	200m: 5:02.16	2:38.61	400m: 10:17.75	2:40.59	2:41.06
OPG	GEVERS, Jan		67	TTB	
	100m: 2:23.81	2:23.81	300m: 8:43.21	3:19.51	500m:
	200m: 5:23.70	2:59.89	400m: 12:09.80	3:26.59	
alg. leeftijdsgroep, Dames					
1.	WIJNKER, Kyra		98	TTB	7:11.60
	100m: 1:18.10	1:18.10	300m: 4:15.61	1:29.00	500m: 7:11.60
	200m: 2:46.61	1:28.51	400m: 5:44.97	1:29.36	1:26.63
2.	HOOGENDAM, Linda		83	TTB	8:49.82
	100m: 1:37.95	1:37.95	300m: 5:15.81	1:50.58	500m: 8:49.82
	200m: 3:25.23	1:47.28	400m: 7:07.65	1:51.84	1:42.17

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Programmanr. 5, Dames, 500m vrije slag, alg. leeftijdsgroep

Rang			Geb.			Tijd	Pnt
3.	WOLFS, Inge		60	TTB		9:35.85	
	100m: 1:38.48	1:38.48	300m: 5:34.56	1:58.58	500m: 9:35.85	2:01.24	
	200m: 3:35.98	1:57.50	400m: 7:34.61	2:00.05			
4.	DEEKEN, Tina		72	TTB		10:00.23	
	100m: 1:48.84	1:48.84	300m: 5:49.41	2:01.97	500m: 10:00.23	2:04.88	
	200m: 3:47.44	1:58.60	400m: 7:55.35	2:05.94			
5.	KUIN, Dorien		82	TTB		11:13.48	
	100m: 1:56.12	1:56.12	300m: 6:31.94	2:21.22	500m: 11:13.48	2:19.11	
	200m: 4:10.72	2:14.60	400m: 8:54.37	2:22.43			
6.	POS, Rosita		65	TTB		11:40.25	
	100m: 2:02.40	2:02.40	300m: 6:48.91	2:26.66	500m: 11:40.25	2:25.02	
	200m: 4:22.25	2:19.85	400m: 9:15.23	2:26.32			
7.	WITTKÉ, Claudia		90	TTB		12:09.95	
	100m: 2:14.00	2:14.00	300m: 7:07.59	2:30.32	500m: 12:09.95	2:30.30	
	200m: 4:37.27	2:23.27	400m: 9:39.65	2:32.06			
8.	VAN DER HARST, Marjon		61	TTB		13:07.98	
	100m: 2:27.86	2:27.86	300m: 7:47.93	2:36.82	500m: 13:07.98	2:39.70	
	200m: 5:11.11	2:43.25	400m: 10:28.28	2:40.35			
9.	DE VRIES, Elisabeth		69	TTB		13:15.44	
	100m: 2:22.89	2:22.89	300m: 7:51.36	2:43.35	500m: 13:15.44	2:32.26	
	200m: 5:08.01	2:45.12	400m: 10:43.18	2:51.82			
10.	HOUBRAKEN, Susan		73	TTB		13:41.26	
	100m: 2:30.11	2:30.11	300m: 8:00.58	2:50.80	500m: 13:41.26	2:52.80	
	200m: 5:09.78	2:39.67	400m: 10:48.46	2:47.88			
11.	KRONE, Andrea		70	TTB		13:46.30	
	100m: 2:19.32	2:19.32	300m: 8:02.99	2:58.78	500m: 13:46.30	2:45.69	
	200m: 5:04.21	2:44.89	400m: 11:00.61	2:57.62			
12.	EVENBLIJ-MUDDE, Krista		69	TTB		13:47.31	
	100m: 2:39.12	2:39.12	300m: 8:14.53	2:51.10	500m: 13:47.31	2:41.56	
	200m: 5:23.43	2:44.31	400m: 11:05.75	2:51.22			
13.	WERMENBOL, Els		54	TTB		13:49.77	
	100m: 2:19.77	2:19.77	300m: 8:07.52	2:52.49	500m: 13:49.77	2:52.14	
	200m: 5:15.03	2:55.26	400m: 10:57.63	2:50.11			

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Programmanr. 6
2-2-2020 - 12:25

50m vrije slag

alg. leeftijdsgroep
Resultaten

Punten: FINA 2020

Rang	Geb.	Tijd	Pnt
alg. leeftijdsgroep, Heren			
1.	OOSTERBAAN, Raymond	77 TTB	34.08 230
2.	BRASE, Jonathan	03 TTB	35.80 199
3.	PRUSSNER, Tobias	80 TTB	36.13 193
4.	BOOT, Frank	67 TTB	36.46 188
5.	JANSSEN, Roel	02 TTB	36.58 186
6.	VAN DEN BERG, Hans	81 TTB	38.76 157
	EDELMAN, Robin	72 TTB	38.76 157
8.	DE VAST, Gert-Jan	80 TTB	45.00 100
9.	CARLIE, Christian	74 TTB	46.91 88
10.	VERBOUT, Bram	73 TTB	49.54 75
11.	BRASE, Rainir	55 TTB	56.79 49
12.	VAN DER HOUT, Nick	85 TTB	1:07.31 29
13.	LIPS, Jaap	51 TTB	1:08.37 28
14.	NELIS, Joost	76 TTB	1:13.26 23
NG	SCHILDER, Alexander	91 TTB	
alg. leeftijdsgroep, Dames			
1.	DEEKEN, Tina	72 TTB	48.61 115
2.	VAN ZEIJL, Marisa	81 TTB	53.74 85
3.	OVERMARS, Jacqueline	75 TTB	54.00 84
4.	VAN ZEIJL, Amanda	78 TTB	58.44 66
DIS	PAPPOT, Anouk	00 TTB	47.09

Green Heart Ice Swim
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Programmanr. 7
2-2-2020 - 13:35

100m schoolslag

alg. leeftijdsgroep
Resultaten

Punten: FINA 2020

Rang	Geb.	Tijd	Pnt
alg. leeftijdsgroep, Heren			
1. JANSSEN, Roel	02 TTB	1:35.67	210
2. VAN DEN ENDEN, Roland	74 TTB	1:37.61	197
3. OOSTERBAAN, Raymond	77 TTB	1:41.73	174
4. BRASE, Rainir	55 TTB	2:27.35	57
5. VAN LEEUWEN, Bart	58 TTB	2:56.92	33
6. WILLEMSE, Harry	58 TTB	3:17.43	23
alg. leeftijdsgroep, Dames			
1. WOLFS, Inge	60 TTB	1:54.79	174
2. VAN NASAU, Karin	66 TTB	2:00.68	150
3. DEEKEN, Tina	72 TTB	2:03.80	139
4. VAN BERGEN, Nancy	70 TTB	2:18.09	100
5. TESSIOT, Sabine	88 TTB	2:25.10	86
6. STEL, Caroline	61 TTB	2:33.99	72
7. VAN OLPHEN, Elizabeth	69 TTB	2:49.24	54
8. KONIJN, Vera	68 TTB	3:02.62	43
9. WESTMAN, Jolanda	66 TTB	3:22.51	31
10. HUYSMAN, Cok	66 TTB	3:56.98	19

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Programmanr. 8
2-2-2020 - 14:14

100m vrije slag

alg. leeftijdsgroep
Resultaten

Punten: FINA 2020

Rang	Geb.		Tijd	Pnt	
alg. leeftijdsgroep, Heren					
1.	BOOT, Frank	67	TTB	1:13.38	261
2.	OOSTERBAAN, Raymond	77	TTB	1:14.41	250
3.	BRASE, Jonathan	03	TTB	1:15.81	236
4.	JANSSEN, Roel	02	TTB	1:17.43	222
5.	PRUSSNER, Tobias	80	TTB	1:18.75	211
6.	VAN DEN ENDEN, Roland	74	TTB	1:20.71	196
7.	THIES, Mark	69	TTB	1:23.25	178
8.	BROER, Richard	59	TTB	1:26.14	161
9.	RUITER, Ben	82	TTB	1:29.71	142
10.	KNOLL, Johan	78	TTB	1:33.41	126
11.	VERBOUT, Bram	73	TTB	1:41.18	99
12.	MIDDELKOOP, Patrick	75	TTB	1:48.36	81
13.	CARLIE, Christian	74	TTB	1:50.25	77
14.	BRASE, Rainir	55	TTB	2:11.50	45
15.	LIPS, Jaap	51	TTB	2:15.41	41
16.	VAN DER DOEF, Steef	63	TTB	2:21.15	36
17.	ANTONIOU, Kosta	56	TTB	2:29.87	30
18.	VAN DAALEN, John	62	TTB	2:49.64	21
NG	SLUIS, Bert	71	TTB		
NG	EDELMAN, Robin	72	TTB		
NG	SCHILDER, Alexander	91	TTB		
alg. leeftijdsgroep, Dames					
1.	ERNSTING, Nelleke	83	TTB	1:26.14	216
2.	HEINSBROEK, Monika	60	TTB	1:36.83	152
3.	DEEKEN, Tina	72	TTB	1:40.15	137
4.	OVERMARS, Jacqueline	75	TTB	1:55.16	90
5.	FABREGA, Julia	79	TTB	1:59.84	80
6.	SMEETS, Mariëtte	61	TTB	2:35.82	36
7.	VAN DER BORDEN, Willie	68	TTB	2:44.02	31
8.	BERENDSE, Annemart	70	TTB	2:59.95	23
9.	HEEMSKERK-STEVENSON, Laurin	44	TTB	3:10.24	20
NG	HOVESTAD, Alexandra	70	TTB		
NG	APFELBAUM-LUBEK, Naomi	73	TTB		

Green Heart Ice Swim
Reeuwijk, 1- - 2-2-2020

Programmanr. 9
2-2-2020

Gemengd, 4 x 250m vrije slag

alg. leeftijdsgroep
Resultaten

Punten: FINA 2020

Rang				Tijd	Pnt
1.	NED 2		TTB	14:05.94	
	WIJNKER, Kyra	98	HESTERMAN, Kilian	90	
	HESTERMAN, Fergil	93	ELFFERICH, Sven	01	
2.	GER 1		TTB	18:20.36	
	DEEKEN, Tina	72	BRASE, Rainir	55	
	BRASE, Jonathan	03	PRUSSNER, Tobias	80	
3.	NED 3		TTB	20:25.68	
	GROOT, Peter	57	ZUILHOF, Jan Willem	62	
	VAN ZWIETEN, Ada	58	BLONK, Keven	90	
4.	NED 1		TTB	24:26.17	
	VAN DIJK, Arthur	67	DOCTER, Alexander	70	
	VAN DER MEER, Theo	65	POS, Rosita	65	